



Promoting U Through Safety & Health

Educating young workers about workplace communication, health, and safety.

Young workers between 15 and 24 years of age are at an increased risk for occupational injuries. A 2020 U.S. Center for Disease Control and Prevention study found that injuries among young workers were 1.2 - 2.3 times higher than those for workers aged 25 - 44 years old.

Lack of job experience, inability to recognize hazardous conditions, and limited training contribute to the higher injury rates.

Learners who take this training will be able to:

- Describe why young workers are at greater risk for injury and illness
- Recognize hazards in the workplace
- Apply effective prevention strategies that include methods of communication and workplace policy implementation

PUSH study participants reported:

- 69% improvement in health and safety at work
- 63% positive change in safety and health behaviors
- 67% reported changing behaviors because of the training

TRAINING FEATURES

- Free, evidence-based content developed by health experts
- Self-paced, online learning that takes about 50 minutes
- Stories of actual young worker fatalities and injuries
- Follow up activities and conversation starters
- Communication tools that include social and print media

PUSH was developed by experts at

IOWA | College of
Public Health

 Oregon Institute of
Occupational
Health Sciences
OHSU

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supportiveworkplaces.org